



**Saint Hugh of Lincoln**

Episcopal Church

36W957 Highland Ave.  
Elgin, Illinois 60123

**Voice of the Swan Newsletter**

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WWW.STHUGH.NET

Rev. Marion Phipps' Email:

[Phipps54@sbcglobal.net](mailto:Phipps54@sbcglobal.net)

**The Holy Eucharist**

Sunday: 8:00 AM and 10:30 AM

Tuesday: 7:00 AM

**The Staff**

Reverend Marion Phipps, Rector

Dan Dolney, Senior Warden

Craig Skeppstom, Junior Warden

Karen Warner, Administrative Assistant

Ed Jamrog, Treasurer

Sue Diebold-Martin, Vestry Clerk

**March Birthdays  
Happy Birthday!!**

Denise McConnell	3 - 1
Pat Maine	3 - 1
Jeffrey Maliszewski	3 - 3
Mike Martin	3 - 7
Teresa Puccio	3 - 7
Joan Murrie	3 - 8
Elinor Bartlett	3 - 16
Alec Baumrind	3 - 16
Emma Rowe	3 - 21
Larry Wild	3 - 28
Michael Phipps	3 - 28
Suzanne Diebold- Martin	3 - 31

***March Anniversaries  
Happy Anniversary!!!***

*Marlene & Richard W. Rayner 3 - 13*

# Voice of the Swan

March 2015- Part 1



The News Letter of St. Hugh of Lincoln Church

Volume 18  
Number 3

Dear Friends,

I just want to thank the vestry along with Cindy Rauschenberger and Karen Warner who made donations for our fund raising baskets! Thanks as well to all who bought tickets! We raised over \$600 toward the roof/building and grounds fund and a good time was had by all!!! Thanks, too, to my better half, Mike, for cooking pancakes and sausage for many of us on Shrove Tuesday. And thanks to Karen Warner and Jim Chaltin for helping with the set up and thanks to Rudy Gebala for helping Mike cook pancakes and special thanks to Kim, Casey, and Lindsay Gebala for helping with the clean up! We had a wonderful time and went home feeling blessed.

Then it was on to Ash Wednesday and despite the bitter cold we still had a good turn out at both services. Lent is upon us and there are many resources available to help us connect with God, hopefully on a deeper level as we journey toward Easter. The early church used Lent as a time of preparation and penance for new converts to the faith. For us it can be a time of renewal and intentionally growing our faith and prayer life. I am excited about using the Living Compass Devotional for the rector's class along with the Living Compass program *Enhancing Your Well-Being Through Spiritual Practices* on Thursdays in March. We will offer this program at Noon and again at 7:00PM. We will also be offering Stations of the Cross Thursday's in March at 6:00PM with soup and bread being served at 6:30PM. Another Lenten option is our annual retreat on Saturday, March 7th which we will be hosting with folks from Church of the Redeemer. The topic of the retreat is "Come Back to Me."

This is a reoccurring theme in scripture: God's people wondering away from God and God's ways and God sending prophets to call them to repentance and returning to the Lord. It is a beautiful thing and the arc of scripture tells story after story of God seeking to both be in and stay in relationship with the people of God. Wherever you are at in your relationship with God right now, Lent provides an opportunity to take a spiritual inventory of your life, and as the prayer book says:

*I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial. (p. 265)*

Whether you give something up or take something on for Lent or you just wander through the wilderness with Jesus, I pray that you have a holy and meaningful Lent. If there is some sin that you feel burdened by I am available if you want to confess it and receive absolution. You certainly can confess directly to God but sometimes it is helpful to confess to another. James 5:16 says: *Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.* Don't let sin keep you separated from God. God is always ready to forgive! *If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. (1 John 1:9).* Praying you have a meaningful and holy Lent!

In God's Love,

Marion +

**Senior Warden Report**

Keeping warm is becoming more and more difficult these days. Unfortunately, we seem to be getting plenty of experience in dealing with another long, cold winter. But, as they say, it's not our first rodeo so we'll just keep on dealing with it and keep on counting our many blessings.

Do we have the best fundraisers, or what? The Vestry decided to make up themed gift baskets and raffle them off at the Shrove Tuesday Pancake Supper. The baskets were wonderful and we raised over \$500 that will go towards our building projects at St. Hugh. Many thanks to the Vestry members for contributing the baskets to the cause. I would be remiss if I didn't mention the hard work that Mike Phipps and Rudy Gebala put into feeding us all those pancakes and sausages. We all thank you very much and appreciate all you do for St. Hugh.

I'm not sure why.....maybe it's age....but it seems Ash Wednesday comes around earlier and earlier each year. Lent is a very important time of year at St Hugh and it was, of course, kicked off with Ash Wednesday services at noon and 7PM. Our chapel is even more beautiful and special at night, too, don't you think? It was a wonderful turnout with some beautiful music. Thank you, Margaret! In my younger days, Lent seemed long and hard. I would give up something (usually candy or something similar) and begin the "sacrifice". As I've matured in my faith, I've come to look forward to all of our Holy seasons for what they truly mean and represent rather than dreading the *incredibly* long time that I was without some chocolate or the Christmas gift that would make my life complete. Lent is a time in our Church calendar that should be embraced and used to deepen our faith. Whether it's something we DO or something we DON'T do, something we do to enrich someone else's life or our own we need to come out of Lent with our faith enhanced and appreciated. We're very fortunate here at St. Hugh of Lincoln in that we have Marion to feed us spiritually and provide us with the necessary faith nourishment required to make it a success. How will you make your Lent a success?

*Dan Dolney, Senior Warden*



### *Easter Flowers*

We are collecting for Easter Flowers. Please remember someone special in your life or a special event and give flowers in their (it's) honor or memory.



### **Lenten Program**

6PM – Stations of the Cross

6:30PM – Soup and Bread Supper – sign up to host

7PM – Lenten Program



**Set your clocks ahead one hour before you go to bed on Saturday, March 7th. Spring Ahead!**

**Relics Speaker -Eric Nelson April 8-Wednesday Noon**

Please join us at **Relics to hear speaker Eric Nelson** on the tragic presentation of **Human Trafficking on April 8<sup>th</sup> at noon!** We will have a luncheon and the presentation on this topic to supplement the topic of human trafficking as presented by Marion Phipps in sermons and Lenten class presentations.

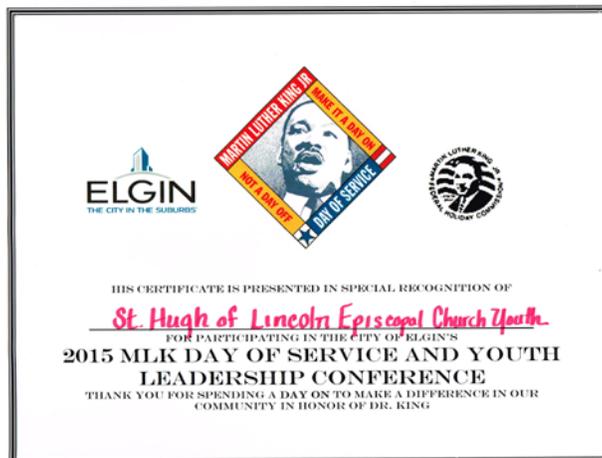
Eric Nelson is the Executive Director of Administer Justice a legal aid foundation striving to assist the poor with legal, financial, and education in our local area. The presentation is excellent and certainly horribly relevant in today's society. Although a difficult societal problem to comprehend, the need to be educated and then, able to improve through modification the problem, in both action and financial terms is a goal worthy of our Christian efforts!

Gospel Justice a free book written by Bruce Strom will be available for all who would like one. Administer Justice Pamphlets and information regarding this mission (celebrating its 15<sup>th</sup> year February) will be available. Thank you for your interest and support.....

Relics

**Ministry of the Month – Children’s Ministry**

The children of St. High are a very important part of our congregation and we are always seeking new ways to grow their faith. The Sunday School is currently divided into two classes, based on the ages of the children. Debbie Wild teaches the preK and Kindergarten class, and Karen Lemcke and Shalini Emmanuel teach grades 1-3. We are using a Liturgy based program called Spark. We read a story from the Spark Story Bible that coincides with one of the readings in church, and then work on a leaflet to supplement the lesson. Supplemental crafts and coloring pages are added as appropriate and as time allows. Other ministry opportunities for the children include activity nights, parties (like Halloween), and special times of Pizza with the Priest. Margaret Brady has also started a children's choir that occasionally shares a song in the service.



Two of St. Hugh’s own, Lindsay & Casey Gebala, along with their friends Carissa Banker and Jackie Barnes signed up to participate in the MLK day of service.

Thanks for representing St. Hugh in this noble project.

## Family Game Night at St. Hugh of Lincoln Church

Saturday, March 14<sup>th</sup> 6 - 9PM

Bring your family and your favorite game to share!

Bring your favorite snack and beverage to share!

All ages are most welcome to this parish fellowship event!

### GREAT BOOKS:

“The greatest faculty in the world.”

Join our Great Book discussion Group  
that meets on the second Monday  
each month at  
Gail Borden Library in downtown Elgin  
7:00-9:00 pm

Join us **for one or all** of the following  
titles that interest you:

#### March 9

George Bernard Shaw,  
Major Barbara

#### April 13

Seamus Heaney  
Beowulf

#### May 11

Mark Twain,  
The Mysterious Stranger

#### June 8

Joan Didion  
The Year of Magical Thinking

#### July 13

Thomas Malthus  
On the Principle of Population

#### August 10

Thornton Wilder  
The Bridge at San Luis Rey

#### September 14

Book of Job  
Robert Frost  
The Masque of Reason

Please do call me if you want more  
information: Victor Moeller  
224.856.5682

## Sign ups (soon to be available):

(on the bulletin board near the nursery)

† Holy Week and Easter day service volunteers

† Agape Meal – Thursday April 2nd

† Kid friendly Stations of the Cross and Pizza with the Priest

Good Friday, April 3rd 4PM

† Passion Reading for Palm Sunday, March 29th – on the table in  
Wiedrich Hall

† Easter Vigil Breakfast

# 40 Things the Give up for Lent: The List

FEBRUARY 11, 2015 BY PHIL RESSLER

## Lutheran Church of the Good Shepherd – Old Bridge, New Jersey

Ash Wednesday and the beginning of Lent are just around the corner. As this season of Lent approaches, many of us think about something to “give up.” Unfortunately, these things often have little impact up on our life and walk with Christ. With that said, I would like to offer up 40 things you might consider giving up for Lent this year. There is one for each day of the season. And these are things to give up not just for Lent, but for the rest of your life.

1. **Fear of Failure** – You don't succeed without experiencing failure. Just make sure you fail forward.
2. **Your Comfort Zone** – It's outside our comfort zones where new discoveries are made.
3. **Feelings of Unworthiness** – You are fearfully and wonderfully made by your creator. (see [Psalm 139:14](#) )
4. **Impatience** – God's timing is the perfect timing.
5. **Retirement** – As long as you are still breathing, you are here for a reason. You have a purpose to influence others for Christ. Our work is not always tied to a paycheck.
6. **People Pleasing** – I can't please everyone anyways. There is only one I need to strive to please.
7. **Comparison** – I have my own unique contribution to make and there is no one else like me.
8. **Blame** – I am not going to pass the buck. I will take responsibility for my actions.
9. **Guilt** – I am loved by Jesus and he has forgiven my sins. Today is a new day and the past is behind.
10. **Overcommitment** – Do less better and accomplish more.
11. **Lack of Counsel** – Wise decisions are rarely made in a vacuum.
12. **Impurity** – Live lives pure and without blemish.
13. **Entitlement** – The world does not owe me anything. God does not owe me anything. I live in humility and grace.
14. **Apathy** – Life is too short not to care.
15. **Hatred** – Do not be overcome by evil, but overcome evil with good ([Romans 12:21](#) )
16. **Negativity** – I will put the best construction on everything when it comes to other people. I will also minimize my contact with people who are negative and toxic.
17. **The Spirit of Poverty** – Believe that with God there is always more than enough and never a lack.
18. **Going Through the Motions** – The more you invest yourself, the more you will get back.
19. **Complaint** – Instead of contributing to the problem, be the solution.
20. **The Pursuit of Happiness** – God wants something greater and more lasting than happiness. It is called joy.
21. **Bitterness** – The only person I am hurting by holding on to this is myself.
22. **Distraction** – Life is filled with distractions that will take our eyes off the prize.
23. **Giving up** – God never gives up on us.
24. **Mediocrity** – If you are going to do something, then give it all you got.
25. **Destructive Speech** – Encourage one another and all the more as you see the day approaching (see [Hebrews 10:25](#) )
26. **Busyness** – It is a badge of honor to be busy. But that does not always translate to abundance.
27. **Loneliness** – With Jesus I am never alone. He is with me wherever I go.
28. **Disunity** – If two of you agree on earth about anything, it will be done for them by the Heavenly Father (see [Matthew 18:19](#) )
29. **The Quick Fix** – Rarely does true transformation does not happen overnight.
30. **Worry** – God is in control and worrying will not help.
31. **Idolizing** – Don't assign anyone a standard they cannot live up to.
32. **Resistance to Change** – Change is certain. It is not if we will change, but how we will change.
33. **Pride** – Blessed are the humble.
34. **Small View of God** – Don't tell God how big your problem is, tell your problem how big your God is.
35. **Envy** – I am blessed. My value is not found in my possessions, but in my relationship with my Heavenly Father.
36. **Ungratefulness** – You have been blessed in a way greater than you realize.
37. **Selfish Ambition** – God has a mission for me that is bigger than me.
38. **Self-Sufficiency** – Jesus is my strength. I can do all things through him (see [Philippians 4:13](#) )
39. **Sorrow** – Weeping may tarry for the night, but joy comes in the morning ([Psalm 30:5b](#) )
40. **My Life** – Whoever loves his life loses it, and whoever hates his life in this world will keep it for eternal life ([John 12:25](#) )

### ***From the Music Department:***

*Dear St Hugh Community: I am blessed and grateful to share this beautiful Lenten season with you. I am delighted to have so many involved in our music groups: Adult Choir, Children's Choir and Band. I want to again invite you to be involved and share your gifts. Let me know how I can support you and help you join in. We are walking this beautiful Lenten journey together!*

*Margaret*

***Save the date...***

***St. Hugh's Outreach Project***

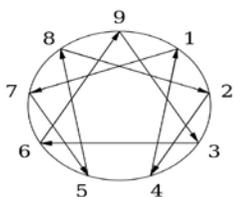
***Monday, May 17<sup>th</sup> 6 – 7:30PM Schaumburg location***

***Feed My Starving Children***

*Sign up is available on the bulletin board in Wiedrich Hall*

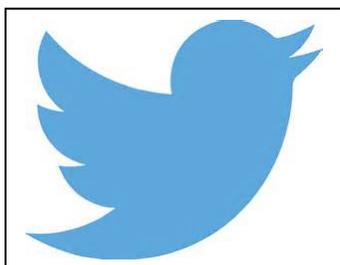
*Must be 5 years of age and older*

*FYI – The Shrove Tuesday pancake supper raised \$250 for this organization via free will donations. The group will take a check in that amount with them when they go that night. To find out more about this organization go to [www.fmsc.org](http://www.fmsc.org)*



### **RELICS March 4<sup>th</sup> Meeting Topic: The Enneagram: An Introduction**

Ever see a diagram like this and wonder what it is or what it means? Ever wonder why you do the things you do or why other people act the way they do? Come join the R.E.L.I.C.S. on Wednesday, March 4th at Noon. Marion will be doing a presentation on an introduction to the Enneagram for the March meeting. You may wonder, as many people do, "an any-a-what?" The Enneagram is a study of personality type. The word comes from the Greek "ennea" means 9 and "gram" means points. It is a fascinating study of personality type that has proven to be an excellent spiritual growth tool. If you have studied Myers-Briggs or other personality systems, you might find this interesting. Where many personality tests and scales measure observable behavior, the Enneagram also looks at motive behind behavior and there is lots of room for growth as we see what makes us tick! Hope you can join us. Bring a brown bag lunch and your curiosity!



**Help St Hugh's mission to Share Jesus. St. Hugh is now on Facebook and Twitter!**

**"Like" us today at [facebook.com/sthughepiscopal](https://www.facebook.com/sthughepiscopal).**

**Follow us on Twitter using @StHughElgin.**

## Lenten Retreat 2015: "Come Back to Me"

Everyone is invited to a Lenten Retreat on **March 7<sup>th</sup>, 8:30AM to 3PM** at the St. Hugh of Lincoln. Our theme is "Come Back to Me." There will be sessions led by priests and lay leadership from St. Hugh of Lincoln and the Church of the Redeemer. We will share a meal together and at 2PM, we will celebrate the Eucharist. Everyone is welcome; please invite your family, friends and neighbors!

Childcare is available for children registered by **March 1st**.

There is no cost for registration. If you would like to purchase a lunch from *In The Neighborhood*, the cost is \$10. There is no charge for children to attend. If parents wish to purchase a lunch for their child, the cost is \$8. Otherwise, parents will bring food for their children. Please submit your registration form and lunch money to the church offices by **March 1st**. See you there!

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### LENTEN RETREAT REGISTRATION FORM MARCH 7 2015 8:30AM-3PM ST. HUGH OF LINCOLN

Name \_\_\_\_\_

Phone \_\_\_\_\_ Email: \_\_\_\_\_

Are you bringing children?

Name(s) and Ages of Children: \_\_\_\_\_

There is no cost for the retreat. If adults wish to order lunch from "In the Neighborhood", the cost is \$10. If parents wish to purchase a lunch for their child, the cost is \$8.

LUNCH ORDER: Circle Drink Selection and Sandwich Selection:

Coke, Diet Coke, Water

Good Shepherd, Judson, Highland, St. Ed's, St. Johns, Reverend

Good Shepherd: Tomato, mozzarella, pesto, house dressing and spices on sourdough bread

Judson: Roasted veggie mix, lettuce, tomato, and house dressing on whole wheat ciabatta

Highland: Turkey, dill havarti cheese, lettuce, tomato and dill mayo on wheat ciabatta

St. Ed's: Tuna, black olives, caramelized onions, lettuce, tomato, house dressing on multigrain

St. John's Roast beef, caramelized onions, bleu cheese, horseradish and tomato on sourdough

Reverend: Ham, turkey, bacon, BBQ sauce, caramelized onions and jack cheese on sourdough

