



St. Hugh of Lincoln Episcopal
Church
36W957 Highland Ave.
Elgin, Illinois 60123

Voice of the Swan Newsletter

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WWW.STHUGH.NET

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Phipps54@sbcglobal.net

The Holy Eucharist

Sunday: 8:00 AM and 10:30 AM

Tuesday: 7:00 AM

The Staff

Reverend Marion Phipps, Rector

Dan Dolney, Senior Warden

Craig Skeppstrom, Junior Warden

Karen Warner, Administrative Assistant

Ed Jamrog, Treasurer

Katie White, Vestry Clerk

Jeanne Rayner, Altar Guild

**August Birthdays
Happy Birthday!!**

Terri Barnett	8 - 1
Laura Barnett	8 - 2
Debbie Wild	8 - 2
Marion Phipps	8 - 6
Kim Gebala	8 - 8
Jackie Chaltin	8 - 11
Sandy Vecchio	8 - 12
Jeff Warner	8 - 12
Katie White	8 - 15
Ben Manderico	8 - 19
Mary Baumrind	8 - 22
Glenna Kleinsmith	8 - 22
Julien Agee	8 - 23
Karen Warner	8 - 24
Sara Johnson	8 - 29
DJ Bergsma	8 - 31
Karen Lemcke	8 - 31

***August Anniversaries
Happy Anniversary!!!***

<i>Tom & Linda Youngren</i>	<i>8- 7</i>
<i>Jim Ceithaml & Marty Owens</i>	<i>8 - 8</i>
<i>Lance & Teresa Puccio</i>	<i>8 - 8</i>
<i>Roland & Beverly Hopson</i>	<i>8 - 12</i>
<i>Brian & Mary Baumrind</i>	<i>8 - 19</i>
<i>Dean & Sara Johnson</i>	<i>8 - 20</i>
<i>Larry & Debbie Wild</i>	<i>8 - 20</i>
<i>Doug & Carol Tobin</i>	<i>8 - 31</i>

Voice of the Swan

August 2014



The News Letter of St. Hugh of Lincoln Church

Volume 17
Number 8

Dear Friends,

I hope and pray that as summer is speeding by, you are finding time and space to be refreshed and renewed and enjoy time with your loved ones! July 28th is the feast day for Mary, Martha, and Lazarus of Bethany. I love the stories of these friends of Jesus because they remind us of the importance of people in our own lives. Jesus didn't try to go through life on his own and neither should we!

Thanks to Jose and Rita Padilla and their family and friends who are hosting a Mexican Dinner for us this Saturday, August 2nd from 5:00PM - 8:00PM. This is our first fundraiser toward a new roof. All donations will be put into the roof fund. We look forward to seeing everyone who signed up for this evening of good food, fun, and fellowship! If you are unable to join us, we'll gladly accept donations for the roof at anytime!

It's been a busy summer for me filled with a mix of recreation and learning opportunities. I had the wonderful chance to spend a week at Camp Chicago this summer working with a number of young people who are on fire with their faith. It was a joy and privilege to serve them and to experience such energy and passion in worship and recreation! Then recently I attended the Living Compass Wellness Advocate Training in the Nicholas Center, the newly renovated 5th floor of St. James Commons, our Diocesan Center. It was an amazing few days with some terrific folks committed to living life abundantly! I am excited for the information gathered and for the opportunities ahead for us to offer various programs and resources to the parish and community. You can read all about it elsewhere in the newsletter and we will keep you posted as different classes are offered.

During the month of July, in our evening adult education classes we did an overview of the 1st and 2nd letters of Peter. In August, on the second Wednesday of the month at 7:00PM our Adult Education class is going to offer a chance to do your own funeral planning. Also, in August, we are going to review the weeks lectionary in the Rector's class at 9:00AM between the services. We will kick off our fall Rector's class on September 14th, using N.T. Wright's commentary *The Early Christian Letters*. There is a sign up for the book if you wish to participate. Have your order in by August 24th and Karen will order the books for us. The cost is \$13.

If you're looking for a book to read and want to give the joint book club with St. Hugh and Church of the Redeemer a try, the September selection is Mitch Albom's book: *the first phone call from heaven*. His books are generally easy reads with thought provoking material.

There are, as always, lots of things going on at St. Hugh, with a mix of worship, education, and fellowship opportunities. Hope you find a spot to jump in and try something new this year! I am open to all kinds of ideas and always eager to keep learning together! Our Mass on the Grass and church picnic will be held on September 7th and Sunday School will kick off that day. More details will be forthcoming, but save the date and note the other "save the dates" elsewhere in the newsletter and bulletins.

So grateful for all that has been and looking forward to all that is yet to come!

Love and Blessings,
Marion+

Senior Warden Report

July is in the rear-view mirror and August is fast approaching. I seem to remember “summer vacation” was longer when I was in school! It won’t be long before the kids will all be back in school.....much to the delight of Mom and Dad.

The extra activities slowed a bit in July at St. Hugh. Vacations are the thing to do in July.....family time.....it’s a wonderful thing! I must say I had a busy July myself. Although it was June 27th, with our children and a couple of grandchildren in attendance, Amy and I got married. We’ve been together for seven years and finally we said, “What are we waiting for?” So we turned our Italy trip into a honeymoon. The Italy trip, by the way, came about because, once again we asked ourselves “What are we waiting for?” The wedding was wonderful for so many reasons and the trip was just fabulous.

The reason behind the question, “What are we waiting for?” became evident during our trip. About five days into the trip I found out that one of my oldest and dearest friends from high school passed away from an 8-week battle with lung cancer. Thumper, as Charlie was called back then, was the first person that befriended me as I experienced the scary transition from Catholic grade school to junior high.....almost 50 years ago. The last time I saw him was in Ohio a couple of years ago. My family surprised me with a 60th birthday celebration and my sister called Charlie to let him know. He was there....as he was all those times in school. I didn’t talk to him often, but I’m going to miss Charlie a lot. I thank God for putting him in my life. I grieve, but not as those who have no hope.

There are so many situations that evoke the question “What are we waiting for?”. There are situations in our personal life, professional life, and our Church life, as well that we put off because we think we have all the time in the world. We don’t. All the recent deaths we dealt with recently at St Hugh and away from St Hugh drives that point home time and time again. We all have things we need or want to do or say that we keep putting off, whether at home or at St Hugh. WHAT ARE WE WAITING FOR? Peace and joy awaits!

Dan Dolney, Senior Warden



Taize - Healing Service is the second Sunday of the month.. August 10th @ 7pm.

August 3rd Food Pantry Sunday

Please bring non-perishables to church to be blessed and delivered to the Elgin Community Crisis Center.



Please let the office know of any students that should be added/changed/removed from the College Student Prayer

listing in the weekly bulletin. sthugh@sbcglobal.net or 847-695-7695

NEEDED: 100% Silk Ties

RELICS may not be turning sows' ears into silk purses, but we recycling used **100% silk** ties and blouses into scarves for the fall craft show. Please look in your closets for any tired 100% silk ties or blouses that you might donate to the cause. You may bring them to St. Hugh by Sunday, August 3.

RELICS August 6 Silk Scarf Making Workshop

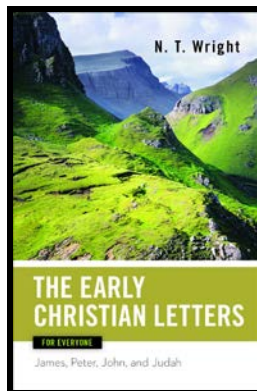
Please join us on Wednesday, August 6, at noon in Wiedrich Hall when Carol Tobin will teach us how to turn recycled silk ties and blouses into scarves for the November craft show. She is ready with all materials except the ties and blouses. RELICS members should remove linings from the ties and press them before the meeting. Bring your brown bag lunch too.

Looking for Delegates...

The 177th Annual Convention of the Diocese of Chicago will take place on Friday, November 21 and Saturday, November 22 at the [Westin Lombard Yorktown Center](#) in Lombard.

The theme of this year's convention is Telling Our Stories, and will feature opportunities to connect, share experiences and learn from congregations across our diocese. Please let Marion or Dan Dolney know if you are interested in attending.

Order your September Rector's Class book by Sunday, August 24th:

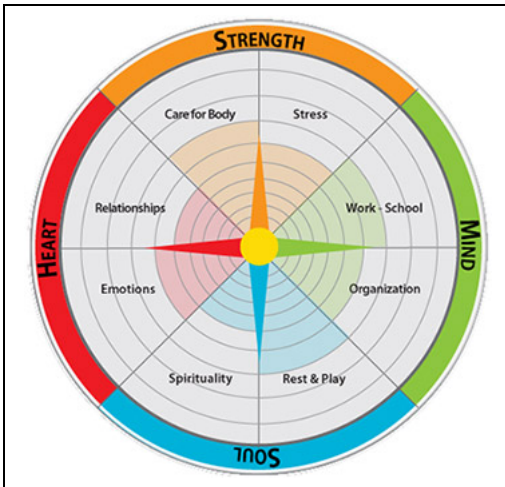


By NT Wright
\$13 each

See the main bulletin board for the Sign-UP
Class starts on Sunday, September 14th.

Reminder:

Please know that the upstairs ramp on the Highland Ave. side of the building is for drop off and pick up situations only. If an ambulance is needed, that's how they would approach the church to arrive expeditiously to access a medical emergency. Please also know that the downstairs ramp is available on Sundays, along with the elevator to help you arrive safely to church as well. Thank you for your cooperation.



Living Compass

Jesus' Great Commandment is: "Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind; and, Love your neighbor as yourself." (Luke 10:27, NIV Bible). Scott and Holly Stoner's Living Compass Wellness program focuses on these four categories: mind; spirit; heart; and strength, with the goal of enhancing wellness in congregations and communities.

Two years ago, St. Hugh started the Jim Kuttbauer Memorial Wellness Group. We are excited to have new resources to revitalize this group. From July 24th to July 26th, Marion and three St. Hugh parishioners, Cheri Walter, Juanita Brook and Caroline Onischak, attended training

at the Nicholas Center of the Chicago Episcopal Diocese in downtown Chicago in order to become Congregational Wellness Advocates. These individuals will form the core of the Living Compass Wellness Council. We welcome others who are interested in wellness and abundant living to join the Council. We will be offering and facilitating various programs in areas of interest identified in the survey that the congregation completed earlier in July.

The top three areas of interest from the survey were Mindful Eating, Physical Fitness, and Community Outreach. Our first offering, therefore, will be a four week session on Mindful Eating, which will follow the Living Compass format that we learned in the seminar. Tentative times for this program are Thursday evenings starting in September.

But you do not have to wait until September. You can access the benefits of the Living Compass program right now in several different ways:

- Sign up for Weekly Words of Wellness, from Scott Stoner and Living Compass at livingcompass.org.
- Join Living Compass on Facebook (<https://www.facebook.com/LivingCompass>).
- Get the Living Compass App (available for both iPhone and Android).
- Go to the Living Compass blog: livingwellwithlivingcompass.com.

If you are eager to get started on your own, you are welcome to go to the Living Compass website (livingcompass.org) to complete your own Wellness Profile, and find resources that you can use to achieve a better balance in your health and life. We are excited about all we have learned and look forward to sharing great resources with you. Be thinking of family, neighbors and friends that you might want to invite... and **STAY TUNED!**



*Soup Kitchen Volunteers Needed
Thursday, August 28th, 5 – 7PM at
Church of the Redeemer, Elgin Sign up on bulletin board*

SOUP KITCHEN

Elgin has Soup Kettle every day of the week for those in need of good meal. Our sister church, Redeemer, is the host church on Thursday of each week. The fourth Thursday of each month, Redeemer cooks on the odd months and St. Hugh on the even months.

On a typical day, the following happens:

- The cooks check early in the week on what is available and the menu is planned. Food for the entrée is obtained from the Northern Illinois Food Bank.
- The cooks arrive as early as 10 am to start cooking.
- Desserts and bread are donated by Target.
- Around 4 pm, other volunteers begin to arrive.
- Salad fixings, if not available, are purchased.
- Tables are set up; utensils are wrapped in napkins; salt, pepper, butter, sugar and creamer are placed on the tables.
- Desserts are cut up and put on small plates.
- Salads are prepared.
- Someone purchases milk for one of the beverages to be served. Usually a fruitade is made. Sometimes there are bottles or cans of some type of beverage also available.
- Coffee is made.
- Volunteers are assigned positions:
 - Counter of customers, broken down by men, women and children.
 - Servers of the main meal. Salad and desserts and packages of breads are available for the customers to pick up.
 - Runners to deliver;
 - The main course
 - Beverages – milk, water, coffee and any other beverage
 - Watchers to put out more desserts and salads; make more coffee, etc.
- Doors open at 5:30; Seconds are served at 6.
- When available, a goody bag is given to each person as they leave.
- Time to clean up!

- Pack up leftovers for Crisis Center
- All pots, pans, utensils, pitchers, coffee pots washed and put away
- All tables and counter surfaces washed with bleach solution
- Sweep the main room floor
- Mop the kitchen floor
- Take garbage and recycling out

We usually serve anywhere from 60 to 100 people each night. Not all the people are homeless. But all are looking for a good solid meal and some sweets and bread to take with.

If you do not have the time to be there for whole evening, think about coming early to help with cooking or setup or later to help with the cleanup.

How else can you help?

- Donations to the Northern Illinois Food Bank through Church of the Redeemer help with credits for the food. You can make the checks out to Redeemer with a notation that it is for the Food Bank and St. Hugh can get the money to Redeemer.
- Redeemer also is always looking for donations of food not available from the food bank.
- The Harold Suess Memorial Fund is also used to help defray costs of items purchased for the Soup Kitchen.

Elgin Episcopal Book Club:

The book club will meet next on the evening of Thursday, September 4, at 7:00. We will discuss The First Phone Call from Heaven by Mitch Albom. This charming novel deals with the events that ensue in a small town in northern Michigan when some of its citizens start receiving phone calls from deceased loved ones. The book is a quick read and it can be obtained through Amazon and in most book stores.

Craig Skeppstrom and Jean Horlock are deserving of thanks for the upkeep of the beds around church. This job is non-stop this summer! If you'd like to lend a hand, please see Craig!

Dear St Hugh Family:

I want to thank you all for your love and kindness and thoughtfulness during my knee replacement surgery. If you ever want to feel loved and cared about, come to St Hugh! The phone calls, texts, cards, visits and warm welcome back were so very much appreciated. Jim and I say thank you, thank you, thank you!

The summer is flying by and we are preparing for the fall. In September, the band will be featured at our outdoor service on September 7th. Let me know if you would like to join us. In August we still have room to feature soloists, duets, family singers and children of all ages.

Love and thanksgiving, Margaret

St. Hugh Wellness Survey

As we contemplate new wellness initiatives here at St. Hugh, we would like feedback from everyone regarding which initiatives interest them. Please fill out this short form and drop it in the basket in the entryway. Thank you.

Would you be interested in participating in (P) or leading/organizing (L) any (or all) of the following:

- | | | |
|---|---|--|
| P | L | Caregiver support group |
| P | L | Healthy eating or weight loss group |
| P | L | Ministry to veterans |
| P | L | Physical activity group (circle any that interest you): |
| | | Walking, yoga, tai chi, Zumba, aerobics |
| P | L | Grief support group |
| P | L | Community outreach |
| P | L | Chronic illness or cancer support group |
| P | L | Ministries / programs related to mindful eating or the integration of spirituality and food? |
| P | L | Church garden |

Any other type of wellness group? *Please use this space or the back of this page to share any other ideas you may have about wellness groups or activities we could explore here at St. Hugh.*

SAVE THE DATES!

Here are some upcoming important St. Hugh dates as of 7/28/14:

RELICS – No regular meeting in July. August 6th – Tie Dye Workshop.
Watch for further information.

The book club will meet next on the evening of Thursday, September 4th, at 7:00. We will discuss The First Phone Call from Heaven by Mitch Albom.

Sunday, September 7th - St. Hugh Church Picnic will follow the 10:30AM Outdoor service. **NO** 8:00AM service this day!

September 14th: Rector's Class starts a new book at 9AM in Wiedrich Hall.

Sunday, October 5th – Pet Blessing at the 10:30AM service.

Saturday, October 25th 2 – 5PM Kid's Halloween party.

Saturday, November 1st – RELICS at Christ the Lord Craft Show and fall cookie dough sale.

Thursday, November 13 at 7PM - The Spiritual Life Core Group will be meeting.

Sunday, November 23rd - Thanksgiving Parish Brunch.

Sunday, December 21st - Parish Christmas - Grilled Cheese and Soup after the 10:30AM service and greening of the church.

Watch the bulletins and newsletters for additional events/dates.

This completes our series of
Getting to Know our St. Hugh Vestry

Debbie Wild

I was born in Willard, Ohio and raised in Littleton, Colorado. I was very active in Girl Scouts from 2nd Grade through College. I graduated from Western State College in Gunnison, Colorado in 1972 with a BA in Elementary Education, and then married Larry 2 days later. We lived in Tulsa, Oklahoma for 3 years, then moved to Phoenix, Arizona for 16 years. We adopted our son, Benjamin in 1975.

In 1991 we moved to Mitchell, Manitoba, Canada where we lived until 2000. We then moved to Elgin. We joined St. Hugh about 10 years ago and love the fellowship and the liturgy. I love teaching Sunday School, and enjoy crochet, counted cross stitch, Bible Study, and reading.

Bert McConnell

Born in Georgetown, Guyana, South America and moved to Toronto, Canada in 1970. Married to Denise since 1984 and we will be celebrating our 30th wedding anniversary this coming December. I have two sons, Stuart and Scott. Denise, Scott and I moved to Elgin in May 1996 as a result of a work transfer with my employer ITW Shakeproof. We have been members of St Hugh since 1991.

Katie White, Vestry Clerk

Katie has been a member of St. Hugh since 2011 and has been on the vestry for two years. A lifelong Episcopalian, she enjoys serving as lay reader and acolyte, arranging altar flowers, and coordinating family fellowship activities. Outside of the church, she likes to spend time traveling, crafting, cooking, and running. Katie hails from Orlando, Florida, and currently works as a microscopist for a private forensic consulting laboratory in Elgin. She also works as an in-home respite volunteer.

Craig Skeppstrom, Jr. Warden

I was born and spent most of my life in the suburbs of Chicago, with some time spent living in New Jersey as a teenager and with my first job, and in Colorado when we emptied the "nest". We moved back to Illinois to get to know our grandchildren when I first retired.

Met my wife Barbara in High School and we were married shortly after completing college. After joining the Episcopal Church in 1982, we spent many year participating in programs such as CHEC Cursillo and Marriage Encounter as a presenting couple. We began attending St. Hugh shortly after moving from Parker, Colorado in 2004.

Most of my business career was spent in product development and business administration after graduating with a degree in mechanical engineering.

I have two children and three grandchildren that live within easy traveling distance from my residence in Sun City, Huntley, Illinois.

Sue Diebold-Martin

I was born in Chicago, IL and raised in Bartlett. I graduated from Elgin High School in 1987 and NIU in 1991. My husband, Mike, and I were married in 2000 and moved to Elgin in 2001. We have a 4 year-old black lab named Lombardi (yes, I am a Packers fan!). I enjoy reading, biking riding, hiking, watching the Packers and the Blackhawks, and working in the garden. I am a Project Manager at ADP (Automatic Data Processing) and have been employed with ADP for 16 years. I joined St. Hugh in July 2011 and I am an usher, greeter, coffee hour host, and on the Altar Guild. I love doing volunteer work: Soup Kitchen, Habitat for Humanity, Chicago Cares, and Feed My Starving Children.

Jewell Graves

Biography not available at time of print.